

7th Annual Walt Brem
Track and Field Event Series
At Farmingdale High School

Dates and Times: Saturday November 30, 2013

Competition will begin promptly at 8:00 AM

Saturday, December 7, 2013

Competition will begin promptly at 8:00 AM

Saturday December 14, 2013

Competition will begin promptly at 8:00 AM

Schedule : Running Events: (boys followed by girls)

3200m(boys)

3000m(girls)

600m

1000m

1600m(boys)

1500m(girls)

Field Events:

Long jump- held outside with two pits

Triple Jump-long jump followed by triple jump

Shot Put- held indoors

Pole vault- held indoors with girls and boys jumping together

- Opening height is 6 feet

High Jump- two pits

Cost: \$100.00 per team **OR** \$10.00 dollars per individual athlete

PLUS

EACH SCHOOL WILL BE ASSESSED THE COST OF ONE OFFICAL THROUGH B.O.C.E.S

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At Farmingdale High School

Entry Form

| <u>Date</u> | <u>Boys</u> | <u>Girls</u> | <u>Or</u> | <u>Number of Individuals</u> |
|-------------|-------------|---------------|-----------|------------------------------|
| 11/30 | _____ | _____ | | _____ |
| 12/7 | _____ | _____ | | _____ |
| 12/14 | _____ | _____ | | _____ |
| | | Total Cost \$ | _____ | |

100.00 per team per NIGHT or

10.00 per individual entry per NIGHT

Plus cost of one official

Entries must be received by Wednesday November 27, 2013

Please send entries and payment made to

Friends of Farmingdale Athletics

C/o Walt Henning

email address: wwhenning@fpsmail.k12.ny.us

Athletic Department

Fax# (516) 752-2981

Farmingdale High School

Employer ID: 11-3558339

150 Lincoln Street

Farmingdale, NY 11735_

School

Coach

(Athletic Director)